



PRESIDENT'S MESSAGE – Jill Harris

I hope you are looking forward to our annual session in San Antonio as much as I am! How often do we get the chance to celebrate having a national president? Be sure to join us for State's Night out on September 26, as we celebrate Lora Lee Howard. If you have not registered for the NEAFCS annual session, register by September 7 to receive the advanced registration rate.



Thank you to everyone who ordered coasters. We sold 1115 coasters and should make about \$2500 profit. A special thank you to Kim Henken for coordinating the distribution of the coasters. If you have not been contacted about picking up your coasters, please email Kim and copy me on the email.

At the KEAFCS Board meeting, we discussed each area providing Texas with items for the Hospitality Table. The Hospitality committee would love to have anything and everything we can bring from Kentucky. Originally, we said we would bring items to the state fair in August, but I think it would be easier if everyone ships their items to the hotel (here is the link with shipping information: <https://www.neafcs.org/2018-shipping>) or take them with you to the meeting. If that is a problem, let me know. Traditionally, states have sent items that showcase their state, but I think they will take anything. I have only heard from 2 areas and one individual. Please let me know as soon as possible what your area will be donating/sending.

Get your NEAFCS bling on! Oklahoma is taking pre-orders for NEAFCS bracelets. They can be picked up at the NEAFCS Meeting (Oklahoma Sales Table in the Exhibit Hall) in San Antonio. The pre-order form and photos were emailed on July 10, but feel free to contact me if you need another form.

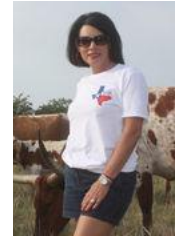


NEAFCS is asking members to take items for the silent auction, which supports the awards program.

The San Antonio Food Bank has been selected as this year's President's Charity. Their mission is to fight hunger in Southwest Texas through food distribution, programs, education, and advocacy.

The Texas Service Project is to show support of Bexar County children who are not as fortunate. Members are asked to bring a new backpack or duffle bag that will be donated to children in transitional living situations, such as foster care. Child Advocates San Antonio (CASA) will work with various agencies to distribute the bags to children in need.

Texas Extension Association of Family and Consumer Sciences is selling souvenir t-shirts. Place your order today!! The order form was emailed July 31. However, contact me if you need an order form.



We need volunteers to help support the 2018 NEAFCS Annual Session! Click the link to view volunteer opportunities on SignUpGenius <https://www.signupgenius.com/tabs/23671DA0EAFCEFC24-2018annual>

See the email from NEAFCS on July 24 about the 2018 NEAFCS Annual Session App Gamification. You could win a free annual session registration!

Lastly, mark your calendars for the fall board meeting which will be Thursday, October 18, 10:00 a.m. EST, at the Hardin County Extension Office. Details will be sent prior to the meeting.

See you in San Antonio!

Jill Harris
President, KEAFCS

***VICE-PRESIDENT FOR PROFESSIONAL DEVELOPMENT/PRES-ELECT
Judi O'Bryan***

Where did the summer go? I can't believe that it is already August and time for our fall programming. I hope everyone has sent in their registration for our national meeting in San Antonio, TX. I know there is going to be a record number of FCS professionals at the meeting and we want Kentucky to be well represented. Please remember our States Night Out event on Wednesday, September 26th. We will be eating at Boudro's Texas Bistro. Our evening will begin with a reception for Lora Howard at 5:30 PM with dinner to follow. Lora is doing a great job representing us at the national level and we want everyone to come and help us show her how much we appreciate everything she is doing. Family is welcome to attend and we even have a children's menu if you need it. The registration form is located on the KEAFCS website under forms https://keafcs.ca.uky.edu/files/states_night_out_2018_registration.pdf. Please complete this as soon as possible and mail to our treasurer, Amanda Hardy in Henderson County.

Mark your calendars for our state annual meeting November 28th, 29th and 30th in Louisville. Our meeting will begin on Wednesday with our inservice training. Much thanks to Dr. Jennifer Hunter for bringing Dave Mitchell from the Leadership Difference to Kentucky. Dave Mitchell's "enter-TRAIN-ment" seminars focus on leadership and personal performance enhancement. His clients include Allstate Insurance, Bank of America, Universal Studios, Hilton Worldwide, Walt Disney World, the CIA and more. A few of us got to hear him at JCEP conference this past January and we can guarantee you won't regret coming! Thursday and Friday of our meeting will consist of some of the old favorites as well as some new things such as workshops on the move. Watch for more details to come out in September.

VICE-PRESIDENT FOR AWARDS AND RECOGNITION – Katie Alexander

I first would like to thank everyone that entered awards this past year. We had a total of 102 awards by forty-seven agents entered this year. Seventy-two were sent to NEAFCS to be judged. Nine awards were state awards. We had 26 Southern Region Award winners, 11 National Award winners, 3 Distinguished Service Award National Winners, 3 Continued Excellence Award National Winners. Please remember if you won a national award, please let me know if you are going to the national meeting. Start thinking about awards for this coming year now-*success stories*. Remember that you can resubmit your awards next year by updating and making corrections. Start working on awards today for this coming year!!

Congratulations to everyone and I'm looking forward to seeing everyone at NEAFCS in San Antonio!

VICE-PRESIDENT FOR MEMBER RESOURCES – Amanda Dame

If you have any new agents in your area or District, please let me know so I can welcome them to Extension and explain to them what the benefits are of our great Association. You can email at amanda.dame@uky.edu or by phone at 270-273-3690.

Nominating Chair – Lynette Allen

2018 Officer Elections – The strength of KEAFCS comes from its outstanding leadership. At the 2018 Annual Meeting the Vice President Public Affairs and the Secretary will be elected each for a two year term. President Elect Vice President Professional Development will also be elected this year to serve a one-year term as President Elect and will succeed to the office of President for a one-year term. Members interested in running for these positions should complete the credential form and submit them by Oct. 30 to Lynette Allen, Nominating Chairman.

Retiree Chair – Matti Daniels



Retiree Update:

On June 5 the KEAFCS retirees enjoyed a lunch meeting at Kurtz Restaurant in Bardstown, Ky. They shared memories and laughs with each other. I enjoyed hearing about all their experiences as an agent and them giving me sympathy for having to go to 4H Camp this year!

Since then, Betty Ray Swan has passed away on July 8th. If you'd like to send sympathy cards to her husband. Franklin Swan
7415 Old Heady Rd
Louisville, Ky 40299

Area News

Bluegrass Area

Things are moving along in the Bluegrass Area! We are pleased to welcome Kendyl Redding as the new FCS Agent in Powell County. Kendyl comes to us from Menifee County where she was the 4-H/FCS Agent for 3 years. She graduated from the University of Kentucky in 2014 with a degree in Dietetics and is currently working on a Master's in Wellness Promotion from Morehead State University. She has been married to her high school sweetheart, Caleb, for almost 3 years. Her hobbies include running, cooking/baking, and spending time with family and friends. We are thrilled to have Kendyl in the Bluegrass Area.

For those of you who are not aware, KEAFCS Bluegrass Area President and Madison County FCS Agent, Gina Noe, has been experiencing some health problems. As many

of you know, Gina has been on Family Medical Leave since early May. Gina had been experiencing some hip pain, but had been pushing through and carrying on. She suddenly became very ill and ended up in the hospital with a “septic hip”. She spent a great deal of time in ICU, had four surgeries to remove infection from her hip and spent over 30 days in the hospital before spending additional time at Cardinal Hill. Gina is home now, but will continue to be on medical leave as she has a long recovery ahead of her. At this time, her return date is still unknown. She greatly appreciates all of the cards, thoughts, prayers and well wishes over the past few months and welcomes those things to continue. She is periodically looking at her email, so if you’d like to send her a message you are welcome to, and she will try to respond as she feels up to it, but may not get to respond to them all. At this time, she still prefers no phone calls as most of her energy is being focused on recovery.

If you would like to send Gina a card, please send it to the Madison County Extension Office at 230 Duncannon Lane P.O. Box 270 Richmond, KY 40476-0270.

Mammoth Cave Area

We are still down three Agents, but that has not stopped our programming or new opportunities that come along. A Professional Development day was held at the Edmonson County Office with Julia Wilson, FCS Agent for Edmonson County hosting. New ideas in delivery styles of programs was the main focus of the day. Julia Wilson, Rachel Hance, and Mindy McCulley taught the agents about new technology, new delivery styles, and demonstrated creating a video.

Since that day, the Agents have developed Plate it Up videos that can be used on social media outlets, county websites, and other outlets where access to the internet is available. These videos are recorded, then music added, edited, and then formatted for use. There are four videos completed to date and can be viewed at the following link:

https://luky-my.sharepoint.com/:f/g/personal/jrbr258_uky_edu/EtiNoHyNsy5EnYp6NGUjLXcBF15qatwE-ScoS6K--3qEJA?e=NdQde7 .

Janey Cline, Hart County FCS Agent, and Julia Wilson, Edmonson County FSC Agent held a competition in the counties called Walk to The Cave. This program had 42 participants who were challenged to see how much weight they could lose in 10 weeks and how many steps they could reach in the 10 week program. They recorded a total of 115 pounds lost, walked 16,306,201 steps, which is approximately 7,720 miles and had 91,509 active exercise minutes.

Green River Area

NEAFCS National Meeting

Several Green River Area Agents attended the National Meeting in Omaha



Kate and Melanie received their Distinguished Service Award at the National Meeting in Omaha.

NEW area project: Homemaker Leader Lessons

Green River area agents are trying something new. This year they will be video taping half of their leader lessons with the assistance of Mindy McCulley and Ag Communications staff. Homemakers will travel less and it will give more opportunities to share lessons on social media to promote homemakers.



Green River Agents visited Farley's Bed and Breakfast in McLean County. Farley's is a 115-year-old house in Calhoun, KY. Farley's has three guest bedrooms, a restaurant, and private party rooms. Agents enjoyed a light lunch and tour of the bed and breakfast.

Wilderness Trail Area

Wilderness Trail Area

Danielle Barrett, FCS Agent from Knox County, has started Morehead State's Doctor of Education program with a completion date of 2021.

Lora Davidson, FCS Agent in Harlan County, will be finishing up her Master's Degree in Family and Child Studies this December.

Lora Howard, Judi O'Bryan, Hazel Jackson, Matti Daniels, Danielle Barrett and Lora Davidson will be attending the NEAFCS meeting this fall.

Food and Nutrition

On Friday, August 3rd WTA FCS Agents visited West 6 in Lexington, KY. West 6th is a small craft beer brewery located in a revamped industrial space in Lexington. West 6th brews, cans and bottles their beer out of this location, selling it at bars, restaurants, and grocery and liquor stores throughout the state of Kentucky and across the Ohio River in Cincinnati. They have grown to over 40 employees and believe that the social impact that they make on the community is their top priority. Several other businesses are located in the nearby spaces. FCS Agents, also ate at Smithtown seafood for lunch, which is next door to West 6th. A portion of their seafood is furnished by the hydroponics operation nearby that grows greens.



Healthy Homes and Environment

The Wilderness Trail Area FCS Agents visited The University of Kentucky Robinson Center for Agriculture Resources and Sustainability Wood Center in May. Agents listened to a presentation on different bugs that are affecting our trees and forest. The group then toured the facility and got to try their hand at making their very own cutting board.

Ft. Harrod Area

Ft. Harrod FCS Agents want to give the proper welcome to a new addition in our FCS family. Born to Luci Hockersmith, Mercer County FCS Extension Agent—Analyn Grace Hockersmith on March 15, 2018; 7 lbs. 13 oz; 19 ¾ inches long. She's beautiful and along with dad, John, joins 2 big brothers at home.

The Ft. Harrod agents have been busy, but we took time out in June to gather in Stanford, KY and explore a few local small businesses. We visited, learned about production and running the business of *Soaps and Such*. We dined at the very popular *Bluebird Café* that touts use of locally produced foods such as Marksbury Farm meats from Garrard County. Excellent food. We also enjoyed an afternoon break with ice-cream goodies at the historic *Coleman's Drugs* where you can still sit at the counter and watch your food and drink being made! All of us enjoyed our time together and a time to do some planning and thinking about upcoming area-wide activities this fall.



As an area our agents have been very busy conducting some wonderful programs using curriculum such as Matter of Balance—Approximately 65 participants across the area

Food Preservation programs---approximately 75 participants across the area

Agents do a broad range of food preparation type programming with Lunch & Learns, Cooking Classes, and Specialty food classes. Three counties have held Embracing Aging programs finishing this past few months.