

**Kentucky Extension Association
Of Family and Consumer Sciences**



**2014 Awards Program
Jill Harris
Vice President for Awards and Recognition**



2014
Kentucky Extension Association
of Family and Consumer Sciences
Awards Program



Together We Celebrate...
100 Years Strong

December 4, 2014
Marriott Griffin Gate
Lexington, KY

2014 KEAFCS Board

President	Mary Hixson
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Pride of KY Educational Endowment	Jennifer Bridge
Past Presidents	Diana Doggett
2014 NEAFCS Annual Meeting	Sally Mineer & Kathy Byrnes

NEAFCS Creed

As an Extension educator, my
prime concern is people.

I believe it is my responsibility to give
the best of my ability and develop
myself to be an effective educator.

I accept the opportunity to empower
individuals, families, and communities to
meet their needs and goals through a
learning partnership.

May I always be willing to accept the
challenges of the changing times.



1992 Sally Lewis	2003 Rebecca Nash
Tina S. Peter	2004 Jill Harris
Peggy Powell	Pat Margolis
1993 Lora Lee Howard	Mary Hixson
Connie Jones	2005 Pamela Dooley
Carol Stromatt	Kay Hall
1994 Carol Benson	Pamela York
Brenda Cook	2006 Diana Doggett
Maryellen Garrison	2007 Debra Cotterill
1995 Debra Parrish	Christy Ramey
Constance Wheeler	Rita Stewart
Laura Wilson	2008 Rosie Allen
1996 Kaye Holbrook	Sheila Fawbush
Betty Overly	Sally Mineer
Rita Smart	2009 Stephanie Derifield
1997 Elizabeth Buckner	Hazel Jackson
Frances Hammonds	Jane Proctor
Carolyn Royalty	2010 Natasha D. Lucas
1998 Alice Ann Bradley	Judith C. O'Bryan
Kathy Roesel	Martha H. Perkins
Glenna Wooten	2011 Nellie R. Buchanan
1999 Sarah Ball Brandl	Christine L. Duncan
Cheryl Case	Marsha O. Parker
Nancy D. Hunt	2012 Linda R. Combs
2000 Theresa Howard	Kimberly Foster
Nelda Moore	Brooke Jenkins-
Laura Stephenson	Howard
2001 Brenda Cockerham	2013 Sara Bogle Martin
Rita May	Tracy Cowles
Louise Moore	Ruth Chowning
2002 Jennifer Bridge	2014 Nancy Kelley
Donna Fryman	Elizabeth Kingsland
Martha Yount	Vicki Wynn

Awards Luncheon

Presiding	Mary Hixson
Inspirational Thought	Whitney Morrow
Introduction of Guests	Mary Hixson
Greetings	
Initiation of New Members	Amanda Hardy
Awards Presentations	Jill Harris
Friends of KEAFCS Awards	Becky Nash
Honorary Members	Amanda Hardy
Professional Development Awards	Rita Stewart
Program Awards	Tiffany Calvert
Communications Awards	Elizabeth Spalding
Public Relations Awards	Debbie Temple
Progress Awards	Matti Daniels
Pride of Kentucky	Jennifer Bridge
Retirement Recognition	Judi O'Bryan
Prize Drawing (<i>Everyone who submitted an award entry</i>)	
Silent Auction Results	Nellie Buchanan
Presentation of Gavel	Mary Hixson & Edith Lovett
Adjourn	

Friend Of KEAFCS

Representative Kim King Fort Harrod

Having been an active 4-H-er in elementary school, Representative Kim King has a long history with Extension. Upon setting up housekeeping with her new family, she joined the Dixie-Belle Homemakers Club in Mercer County and eventually served as an elected officer for several years – setting the stage for her public service today. The Dixie-Belles created a cookbook project as a fund-raiser to support their service work with local families during Christmas time. Kim was a regular volunteer at Floral Hall and more recently served on the Mercer County Extension Council, until being elected a State Representative in 2010. More importantly, Representative King was the primary sponsor of the House Resolution (HR 73) to publicly recognize and congratulate Cooperative Extension for 100 years of service. The Fort Harrod Area proudly presents Friend of KEAFCS Award to Representative Kim King.

1971 Emma Maxfield Lucy Forbes Dauveen Roper	1981 Janette B. Chapman Sharon K. Keach Margaret D. Scott
1972 Nannie B. Huffman Reba K. Bullen Gertrude Paprotta	1982 Nancy Eckler Betty Ray Faires Jan Miller
1973 Margie Wilson Rebecca Gibson Barletta Wrather	1983 Mary E. Bogardus Myrna Herron Charlene Jacobs
1974 Frances Pitts Martha L. Stamper Catherine Thompson	1984 Connie Minch Cheryl Witt Karen Davis
1975 Jo Nelda Cole Jo Ann Keith Pierce Nell L. Veale	1985 Carolyn Goodman Donna Clore Jane Bailey
1976 Velva J. Cockerel Sue C. Stivers Marguerite Hart	1986 Marian Daviess Pat Curtsinger Mildred Potts
1977 Emma Tucker Shirley Sheperson Nancy Edwards	1987 Karen Ramage Kathy Lilly Kathy Jump
1978 Nancy Norman Frances Hackworth Edwina O'Hara	1988 Carol Bailey Janet Johnson Lida Smith
1979 Juanita Amonett Rose Swope Mary Lou Conder	1989 Jean Baugh Georgia Burton Jennifer Klee
1980 Jean Cloar Guynd Lyons Rita Spence	1990 Judy Hetterman Martha Lee
	1991 Jane Dyche Janice Collins Judith Wilson

Past Kentucky Extension FCS Agents NEAFCS Distinguished Service Award Winners

1944 Alda Henning	1960 Susan Lane Cruse
1945 Marian Kelly	Lillian Hixson Rice
1946 Mary Hood	Kitty Bess Dodson
Jenny C. Grubbs	1961 Maxine Griffin
1947 Elizabeth Word	Emogene Hamm
Lila Hombree	1962 Mary S. Saunooke
1948 Zelma Byerly	Louise Hart
1949 Anna K. Evans	1963 Lucille Warren
Ruth L. Saunders	Mary Wollard
1950 Ruth E. Harrelson	Bertha McLeod
Roxie Perkins	1964 Jacqueline Rogers
1951 Priscilla L. Lytle	Ida Jo Burg
Mary Ellen Murray	Anna Thompson
1952 Lois Sharp	1965 Dorothy Camenisch
Louise Craig	Irma Hamilton
1953 Kathryn Sebree	Martha Jenks
Elizabeth Donnell	1966 Isobel Crutchfield
1954 Rachel Rowland	Emogene Hamm
Margaret Sullivan	Novella Winiger
1955 Dora Mae Cockran	1967 Thelma Johnson
Jane Jones	Lorene Blankenship
1956 Sunshine Colley	1968 Clarabel Buchanan
Florence Bennett	Jeanette Yeast
1957 Evelyn Sinclair	Amanda Manly
Alice P. Kilpatrick	1969 Elizabeth Burr
1958 Kathryn Russell	Pat Decoursey
Thelma Streeter	1970 Geraldine Bentley
1959 Ada Carter	Ora Neeley
Rowena Sullivan	Sarah Feltner

Friend Of KEAFCS

Delores Mudd Louisville

Delores Mudd, a strong supporter for the Cooperative Extension Service, has served as a leader in all program areas, including 4-H, Agriculture, Horticulture, and Family and Consumer Sciences. She started serving in Bullitt County through club and county Homemaker roles, culminating in County President, Louisville Area Homemaker President, and now serves as the State KEHA Parliamentarian.

As KEHA Parliamentarian, she has taught lessons in counties throughout the state as well as given lessons on the basics of Parliamentary procedures at the KEHA annual meeting.

The work Delores has done to support the Family and Consumer Science program of Extension cannot be captured in a few words, but spans the parameter from planning programs, recruiting volunteers & leaders, teaching classes, establishing office staff positions, and sharing the mission of the Extension Service. Delores is a valuable supporter and works tirelessly as an ambassador for the Kentucky Cooperative Extension Service. Her hard work, dedication and leadership make us proud to call her a "Friend of Extension".

Honorary Member of KEAFCS

Honorary Member Dean Nancy Cox

Dr. Cox became Dean of the College of Agriculture, Food and Environment January 1, 2014. Before that she served as Associate Dean for Research and Associate Director of the Experiment Station at the University of Kentucky, after coming to UK in 2001. Dr. Cox has served on numerous national committees for the Board on Agriculture section of the Association of Public and Land-Grant Universities. She served as chair of The National Agricultural Biotechnology Council and has served two terms on the National Research, Education, Extension and Economics Advisory Board for the Secretary of Agriculture.

Dr. Cox worked to secure renovated facilities for the Veterinary Diagnostic Laboratory, with a \$30 million state investment. She has worked extensively with Kentucky Farm Bureau, Kentucky Cattlemen's Association, Kentucky Thoroughbred Farm Managers, Kentucky Poultry Federation, Kentucky Soybean Association, Kentucky Corn and Small Grain Growers, and other agriculture commodity boards to promote UK's agriculture research and extension programs.

Dean Cox came on board late in the game as Kentucky Family and Consumer Science Agents were preparing to host the National meeting of the NEAFCS in Fall of 2014, but generously offered financial support by way of needed transportation for the First Timers Event and In-Depth Sessions. Dean Cox brought warm greetings to attendees at the Welcome Event and has been gracious and supportive in her remarks regarding FCS Extension.

1977-78 Lucy Forbes
 1978-79 Guynd Lyons
 1979-81 Karen Davis-Parker*
 1981-82 Rita Spence
 1982-83 Nancy Norman Wills
 1983-84 Jane Bailey
 1984-85 Betty Overly
 1985-86 Nancy Edwards
 1986-87 Frances Hackworth Bengel
 1987-88 Carole Rison*
 1988-89 Janette Chapman
 1989-90 Connie Minch
 1990-91 Judy Hetterman
 1991-92 Karen Ramage
 1992-93 Connie Jones-Woolery
 1993-94 Jennifer Klee
 1994-95 Kathy Jump
 1995-96 Janet Johnson
 1996-97 Rebecca Brooker*
 1997-98 Laura Stephenson
 1998-99 Rita Smart
 1999-2000 Kaye Holbrook
 2000-01 Martha Lee
 2001-02 Kathy Roesel
 2002-03 Laura Wilson
 2003-04 Jennifer Bridge
 2004-05 Diana Doggett
 2005-06 Peggy Powell
 2006-07 Lora Lee Frazier Howard
 2007-08 Nancy Hunt
 2008-09 Donna Fryman
 2009-10 Sally Mineer
 2010-11 Rosie Allen
 2011-12 Linda R. Combs
 2012-13 Becky Nash

KAEHE/KEAFCS PAST PRESIDENTS

1924 Ida Hagman*
 1926 Roxie Perkins*
 1927-1928 No record
 1930 Isadora Williams
 1931-1936 No record
 1937 Ada Henning*
 1938 Zelma Byerly*
 1939 Irene Piedlau
 1940 Lois Sharp
 1941 Francis Fleming
 1942 Ruth Latimer Allen*
 1943 Doris Wheeler*
 1944 Mariam Kelly
 1945 Leone Gillet*
 1945-47 Elizabeth Word*
 1947-49 Bina Foree
 1949-51 Lilah Hembree
 1951-53 Margaret Sullivan Berg
 1954 Ruth Harralson Brown*
 1955-57 Mary Jordan Morris
 1957-59 Mary Ellen Lilly
 1959-61 Alice Kilpatrick
 1961-63 Jane Jones
 1963-65 Louise M. Craig*
 1965-67 Susan Lane Cruse*
 1967-69 Mary L. Steele Saunooke
 1969-71 Geraldine Bentley Watson
 1971-73 Louise C. Hart
 1973-74 Maxine Griffin
 1974-75 Jerri Cockrel
 1976-77 Sue Stivers **Deceased*

Honorary Member of KEAFCS

Honorary Member
Linda Young
UK Healthcare

Linda Young is the Program Manager for Cooperative Extension Service Outreach with the UK Healthcare program.

For many years Linda has supplied Family & Consumer Science agents with the most current educational resources from UK Healthcare in health related topics, including fact sheets, bulletins, and safety alerts. Her office is always willing to assist with the development of requested leaflets and providing health related incentives

Most recently, Linda and her office were invaluable to Kentucky FCS agents with our hosting of the 2014 NEAFCS annual meeting. UK Healthcare served as one of our WIN state sponsors, and provided a renowned Kentucky health care expert, Mark Birdwhistell, as one of our general session speakers.

Linda's friendly nature and approachability is appreciated by Kentucky FCS agents every day. We know that if we ask her for assistance, she will provide! We are pleased to bestow this honorary membership to Linda Young.

Professional Development Awards Distinguished Service Award

The Distinguished Service Award is the highest award presented by NEAFCS. The award recognizes members for leadership, educational program efforts and professional development.

Nancy Kelley

High obesity rates led Nancy to a family and community approach to teaching nutrition education, and more specifically, encouraging the consumption of fruits and vegetables in the diet.

[National Winner](#)

Elizabeth Kingsland

Liz has conducted a school project, Recipes for Life, which is a hands-on food safety/cooking class for fifth graders. The program has grown and been revised to make behavior changes.

[National Winner](#)

Vicki Wynn

Being an FCS agent is a new adventure every day! Vicki enjoys sharing research-based information with clientele and working with people in her community, district, and across the Commonwealth.

[National Winner](#)

2014 Retirees

Congratulations to the following KEAFCS members who retired during 2014. Thank you for your many years of dedicated service, and best wishes for your next endeavors.

Peggy Powell
42 ½ Years

Pat Margolis
37 Years

Martha Perkins
35 Years 9 Months

Grace Angotti
17 Years 5 Months



Pride Of Kentucky Grant, continued

3rd Place—Martha Yount & Team

Luke Fries, Linda Combs, Natasha Lucas, Glenna Wooten, Ann Bradley, Ann Hollon, Nannette Banks

The Little Red Hen Bakes Kentucky Bread \$475.00

Martha Yount and Team plans to develop a “Little Red Hen Bakes Kentucky Bread” traveling lesson kit, using existing Extension materials such as Super Star Baking Chef. They plan to use specialty equipment to show participants how wheat berries are ground into flour, and then use the flour to bake bread.

Pride Of Kentucky Award

The Pride of Kentucky Award is a state award to recognize excellence in educational programming related to consumer marketing or promotion of Kentucky agricultural commodities and enterprises.

1st Place - Denise Wooley

“The Plate it Up, Kentucky Proud!” Campaign throughout McCracken County utilized a variety of methods and locations to increase consumer purchase, preparation, and preservation of Kentucky grown produce.

Continued Excellence Award

This award recognizes members who have previously received the Distinguished Service Award and continue to be actively involved in professional improvement programs, promoting professional development in others and leadership.

Sara Brooke Jenkins Howard

For 14 years, Brooke Jenkins-Howard has developed a program that meets the needs of her clientele. A diverse educational programming effort has been established to serve various segments of the population.

National Winner

Natasha Lucas

Natasha has served as a County Extension Agent for Family & Consumer Sciences for 17 years. Her focus has been to improve the lives of community members through education.

National Winner

KEAFCS Educator of the Year

This award is to recognize a professional Extension FCS Educator who is conducting outstanding educational programs that demonstrate an impact on families.

1st Place - Lora Lee Frazier Howard

Excellence in Extension Programs

Lora Lee Frazier Howard believes issue driven county programs and continued professional growth is achieved through partnerships, creative programming, and diligent efforts.

Southern Region Winner
National Winner

2nd Place - Brenda Cockerham

Improving Lives of Families in Johnson County"

Hundreds of families throughout Johnson County, Kentucky, gain skills and opportunities to support their communities and families through Family and Consumer Sciences Programming.



Pride Of Kentucky Awards

Pride Of Kentucky Grant

Pride of Kentucky Grants help provide agents with seed money for programming related to consumer marketing or promotion of Kentucky agricultural commodities and enterprises.

1st Place—Ann Hollon Honey Goes to School \$525.00

Honey Goes to School is an educational program to teach 3rd graders about bees, honey, and biscuit making. Topics include bees, beehives, equipment use with bees, nutritional information, and recipes.

2nd Place—Pam York Plate It Up—Kentucky Proud \$500.00

Educational efforts to promote the Plate It Up! KY Proud program will continue in Russell County with Farmers' Market recipe sampling/demonstrations, weekly televised programs on a local cable channel, as well as booth/sampling at numerous community promotions.

Progress Awards

The Progress Award recognizes members of KEAFCS who have successfully completed a project or activity of unusual scope. Two awards are given; one to a member with ten or more years of service and one to a member with under ten years of service.

Progress Award—Under 10 Years

Ann Hollon

Ann's back to school blast program focuses on physical fitness activities, healthy eating, and earning veggie money for all youth who attend to use at Farmers Market. One hundred percent of veggie money given out was spent at local farmers market to purchase locally grown produce.

Progress Award—Over 10 Years

Vicki Wynn

As a Family and Consumer Sciences agent and board member of Marshall County Arts Commission (MCAC), it is Vicki's privilege to work with community partners to bring quality arts programs to families in Marshall County. After-school chorus and theatre programs, as well as summer art camp, have been evidence of bringing people together as a team to accomplish positive change in her community.

Greenwood Frysinger Award

This award is granted to an Extension Educator in Family and Consumer Sciences for graduate studies.

This award is sponsored by NEAFCS to give members an opportunity to pursue professional improvement through graduate study in the area of their own choosing.

Amber Meeks

By attending the NAEYC Conference and finishing her master's degree, Amber would have the opportunity to better serve her community needs with new programming ideas, resources and networking possibilities.

Southern Region Winner
National Winner

New Professional Award

This award recognizes outstanding accomplishments of NEAFCS members within first three years of

Tiffany Calvert

Hired January 1, 2013 as the FCS County Extension agent, Tiffany Calvert has been successful in planning and implementing programs while being able to collaborate with community members and their resources.

Florence Hall Award

The Florence Hall Award is presented for an outstanding program conducted by one or more NEAFCS members who have been alert in recognizing new concerns and interests of families and have involved people in planning and implementing programs that benefit families.

1st Place - Laura White-Brown & Team
Leslie Workman, Sandra Bastin, Janet Mullins
The Gluten-Free Choice: Is it For Me?

An innovative program exploring the words "gluten-free" and the many myths surrounding gluten; this lesson explores gluten in the American diet and how it pertains to your family's food.

2nd Place - Eugenia Wilson & Team
Martin Co. Family Resource and Youth Services
Centers & Junior Reserve Officers' Training Corps Program
Nurturing Today for a Better Tomorrow

Eugenia Partnered with local agencies to better serve the people of Martin County. Programs were designed to strengthen families; address early literacy; teach nutrition; and nurture parents with minimal or outdated parenting skills.

3rd Place—Diane Mason
Everybody Eats: Diversity Education through Food

"Tuesday Night Supper Club" and "Cooking the Books", diversity education through unique food-related programming aims to improve the acceptance of people from a variety of cultures and backgrounds.

Kentucky Affiliate Awards Progress Awards

Kentucky Paraprofessional Award

This award recognizes outstanding service to special audiences through the use of para-professionals working with or supervised by Extension Agents for Family and Consumer Sciences.

1st Place - Alta Gaye Hutchison
Wayne County

As Expanded Food and Nutrition Education Program Assistant, Alta has planned and implemented "Rocks Day Camp" for 8 years for 8-12 year olds. The summer camp focuses on increasing camper's consumption of fruits and vegetables and making physical activity fun. Evaluations showed 100% improvement in eating vegetables and fruits and in physical activity.

KAFCS Outstanding Agent Award

1st Place - Amber Meeks

The McLean County Cooperative Extension Service partnered with the Early Childhood Council and others to offer a literacy day focusing on Dr. Seuss books. As the Extension Agent for Family and Consumer Sciences, Amber took on the task of finding ways to incorporate health and nutrition into her station. She and a volunteer dressed up like Thing 1 and Thing 2 to get everyone in the spirit of celebrating and having fun together.

Marketing Package Award

This award recognizes NEAFCS members for outstanding marketing efforts that address the concerns and needs of children, families, or communities.

1st Place - Theresa Howard & Team

David Harrison, Misty Wilmoth
Communicating Extension's Value with Officials and Stakeholders

The local Extension Council has sponsored an annual Extension Expo for 31 years. It is used to communicate Extension's value to policymakers and local stakeholders and promote our resources, programs, and leaders.

2nd Place—Jody Paver & Team

Toni Humble
Supporting Military Families

Programs and activities were created to strengthen the family, improve communication, support military children, and give families time to be together to support one another before, during, and after deployment.

3rd Place—Kenna Knight

24/7, 100 % Tobacco-Free School Campus Efforts

Kenna made efforts to spur the community into action to complete a community survey on adoption of a 24/7, 100% tobacco-free campus policy for all Pendleton County Public schools.

Program Awards

Dean Don Felker Financial Management Award

This award is given to FCS Educators who have developed an outstanding program on some aspect of family financial management.

1st Place - Diana Doggett & Team

Caroline Francis, Diane Kohler, Kelly Allgeier,
Jennifer Hunter
Job Club and Money Management Series

From job search strategies to financial management, Job Club enables Kentuckians to be competitive job seekers with money management skills. Feedback affirms positive environment to meet, connect, share, and learn.

[3rd Place Southern Region Winner](#)

2nd Place— Pam York

Managing in Tough Times

A series of educational sessions were held in the "Managing in Tough Times" program to help families adopt small changes in their personal habits to help them improve their lives.

3rd Place—Rita Stewart & Team

Mary Hixson, Joan Martin, Alethea Price, Tamera Thomas,
Luci Hockersmith, Elizabeth Creed, Porsha Batts, Dr.
Jennifer Hunter
Decorating on a Dime Seminar

Agents worked on the area-wide seminar "Decorating on a Dime" where participants learned about re-purposing items, window treatments, trending colors, and energy efficient ways to enhance their living space.

Mary W. Wells Memorial Diversity Award

This award recognizes outstanding efforts and accomplishments of individuals and/or teams in diversity and pluralism for any Extension FCS program or activity, including staff development, advisory councils, programs, etc.

1st Place - Pam York

*Reaching Diverse Populations Through
FCS Programming*

Las Latinas (Latin women) group was formed three years ago to extend learning opportunities to the Hispanic population. Many programs have been offered by KY CES to improve their homes, families, and food.

Southern Region Winner

2nd Place - Diane Mason

Cooking the Books for Diversity Awareness

"Cooking the Books" is a unique book club with a hands-on cooking twist that aims to improve people's acceptance of others from a variety of cultures and backgrounds.

3rd Place - Martha Yount & Team

*Luke Fries
Dad and Me Chefs Club*

"Dad and Me Chefs Program" looks to break gender-role barriers in the kitchen, provide positive male role models while encouraging father to child relationships and enhance nutrition and food preparation safety for families in Breathitt County, KY.

Community Partnership Award

This award recognizes NEAFCS members for outstanding community partnership efforts in meeting the needs of families through collaboration with groups, agencies, and consumers.

1st Place - Nancy Kelley

Sherry Head, Jeremy Teal, Kellie Arnold, Lisa Miller, Jamie Knight, Sherri Friend, Renee Cartwright, Marci Cox

Try It, You'll Like It

Elementary school students and staff tried a variety of new fruits and vegetables each week for a month. The food service director added the students' favorite choice to the school menu.

2nd Place - Jody Paver

Supporting Military Families

The Community Military Support Partnership Team was created and focused on helping military families of the Kentucky National Guard 623rd Field Artillery Unit C Battery before, during, and after deployment.

3rd Place - Sheila Fawbush

*Health and Fitness Fun Day with a Get Moving
Kentucky! Kick-Off*

The Shelby County Wellness Coalition organized an annual county-wide health and safety event called the "Health and Fitness Fun Day" with a "Get Moving Kentucky!" Kick-Off.

2nd Place—Eugenia Wilson*Healthy Lifestyles Across the Generations*

Bring generations together in the adoption of a healthy lifestyle through the focus on proper nutrition and comprehensive health maintenance. People are a recipe's most important ingredient.

Southern Region Winner

3rd Place National Winner

3rd Place—Jody Paver*Supporting Military Families*

Programs and activities were created to strengthen the family, improve communication, support military children, and give families time to be together to support one another before, during, and after deployment.

Public Relations Awards**Social Networking Award**

This award recognizes innovative online social networking efforts.

1st Place - Jody Paver & Team

Joy McGinnis

FCS Facebook Page

A great way to reach a wide variety of people is social media. The Family and Consumer Sciences Facebook page has been a great benefit to FCS Extension.

Early Childhood Child Care Training Award

This award recognizes outstanding childcare professional training that addresses the needs of young children, birth to eight years of age.

1st Place - Christy Ramey & Team

Amber Meeks

Character Education for Day Care Providers

It is character that determines our values which effect our actions and choices. Two University of Kentucky Extension Agents created a program to help day care providers teach character.

3rd Place Southern Region Winner

3rd Place National Winner

2nd Place—Cecelia Hostilo

Smart Snacking for Preschoolers

In Trigg County, nearly 10% of the adult population suffers from chronic diseases such as diabetes and heart disease. Since it is important to instill healthy eating habits early in life, Cecelia taught "Smart Snacking for Preschoolers" to local child care providers.



Food Safety Award

This award is presented for an outstanding educational program conducted by one or more NEAFCS members who have been innovative in developing, delivering, and/or determining the impact of a food safety program that makes a difference.

1st Place - Laura White-Brown & Team

Amanda Hamilton
Food Safety and Preservation

An innovative and hands-on food safety and food preservation class for families studying sustainability in Appalachia and Eastern Kentucky.

2nd Place - Lora Lee Frazier Howard

Using seasonal recipes, six Plate It Up Cooking Schools, were taught by Lora Lee, emphasizing food safety, food preparation, and growing and purchasing Kentucky foods.

3rd Place - Jody Paver & Team

Glen Roberts & Gaye Hutchison

Turkey Food Safety classes were held to distribute over 300 frozen turkeys donated to limited resource families. USDA resources were used to teach how to thaw, cook, and store turkey.

Educational Publications

1st Place - Rosie Allen & Team

Carole Gnatuk

Home Is Where the Health Is Educational Publication

This publication promotes parenting skills, nutritious diets, and active play. Two grant-funded projects with 288 Kentucky families were evaluated, revealing statistically significant correlations between nurturing parenting practices and healthy habits.

3rd Place Southern Region Winner

2nd Place—Laura White-Brown & Team

Leslie Workman, Sandra Bastin, Jackie Walters, Janet Mullins

The Gluten-Free Choice: Is it for Me?

An innovative program exploring the words “gluten-free” and the many myths surrounding gluten, this lesson explores gluten in the American diet and how it pertains to your family’s food.

2nd Place Southern Region Winner

2nd Place National Winner

Photography

1st Place - Nancy Hunt

Preserving Nature’s Bounty

Low-income families were the target audience of two canning classes held in Crittenden County. Nancy’s photograph illustrated the hands-on approach of participants preparing their own tomatoes.

Educational Curriculum Package

1st Place - Laura White-Brown & Team

Leslie Workman, Janet Mullins, Sandra Bastin,
Jackie Walters

The Gluten-Free Choice: Is it for Me?

An innovative program exploring the words “gluten-free” and the many myths surrounding gluten; this lesson explores gluten in the American diet and how it pertains to your family’s food.

2nd Place—Eugenia Wilson & Team

Nellie Buchanan

Cooking Under Pressure

Cooking Under Pressure teaches how to select and use pressure cookers and removes the “fear” of pressure cooker. Participants learned to save time, energy, money and provide healthy nutritious meals at home in a hurry.

[3rd Place National Winner](#)

3rd Place– Amber Meeks

Character Education

In today's every changing world, character education is needed more than ever. As educators, we have to provide others with the tools necessary to be successful in teaching our youth; which is what this curriculum does.

Family Health and Wellness Award

This award recognizes innovative programs that promote and improve the health and wellness of families.

1st Place-Denise Wooley

Learn to Cook/Lifeskills Classes

Denise taught a cooking/life skill series emphasizing the basics of nutrition, simple cooking skills, meal planning, and the importance of eating together, in an effort to create healthier families.

2nd Place—Christy Nuetzman & Team

Debbie Messenger

Weight Loss Wars: Clinton vs Cumberland

“Weight Loss Wars: Clinton vs. Cumberland” addressed the high percentage of obese and physically inactive youth and adults through educational lessons, recipe sampling, physical activity, challenges, and competitive weigh in.

[Southern Region Winner](#)

[3rd Place National Winner](#)

3rd Place—Eugenia Wilson

Strong Women, Strong Hearts

One of the main causes of death in Martin County is heart disease. To address this issue, Eugenia offered a Strong Women, Strong Hearts Program to women over the age of eighteen.

Environmental Education Award

This award recognizes NEAFCS members for outstanding educational programs conducted for families and/or communities on various environmental issues and concerns.

1st Place - Martha Yount & Team

Luke Fries
The Wild Bunch

The name of the program often describes the attitudes or actions of it's participants. The Wild Bunch in Breathitt County encourages young children to respect and explore the world around them, using their five senses.

2nd Place—Lora Lee Frazier Howard

Saving Energy and Money: Making the Most of Your Home Landscaping

This leader's training, Saving Energy and Money: Making the Most of Your Home Landscaping, taught homemakers in eight counties to save energy and money.

3rd Place—Lynn Blankenship

Dry Fork Gorge Metcalfe County Nature Conservancy

Lynn worked with 4-H and local leadership program groups to guide residents on educational hikes in the Gorge highlighting limestone karst topography, native plants and wildlife species.

Television

1st Place - Laura White Brown & Team

Leslie Workman

The Gluten-Free Choice: Is it for Me?

An innovative program exploring the words "gluten-free" and the many myths surrounding gluten, this lesson explores gluten in the American diet and how it pertains to your family's food.

2nd Place - Eugenia Wilson & Team

Ann Maynard

Cooking with Pride from the Local Farmer's Market

Short videos create a welcoming environment for at-risk populations to seek information and skills, encouraging consumption of fruits and vegetables, and support the local food system in Martin County.

Educational Technology

1st Place - Amber Meeks

Character Education

When creating an interactive training, it is required to touch all three learning styles: visual, auditory, and kinesthetic. Amber created a PowerPoint to fit the visual learning style and added video clips and instructions for all learning styles.

2nd Place—Laura White-Brown & Team

Leslie Workman, Janet Mullins

The Gluten Free Choice: Is it For Me?

An innovative program exploring the words "gluten-free" and the many myths surrounding gluten; this program explores gluten in the American diet and how it pertains to your family's food.

Southern Region Winner
National Winner

Written Press Releases

1st Place - Kenna Knight

24/7, 100 % Tobacco-Free School Campus Efforts

Kenna wrote this article to spur the community into action to complete a community survey on adoption of a 24/7, 100% tobacco-free campus policy for all Pendleton County Public Schools.

Southern Region Winner
National Winner

2nd Place - Edith M Lovett

Keeping Sugars, Fats to a Minimum

Extension Notes is a weekly newspaper column which Edith uses to promote upcoming events, as well as feature articles such as Keeping Sugars and Fats to a Minimum.

Radio/Podcast

1st Place - Terry L. Whalen & Team

Benita R. Peoples

Lung Cancer: Take Action Now to Reduce Your Risk

Kentucky FCS agents Benita Peoples and Terry Whalen used radio to address lung cancer issues in their area, where lung cancer deaths are significantly higher than state and national averages.

2nd Place Southern Region Winner
National Winner

Human Development/Family Relationships Award

This award recognizes innovative human development/family relationship educational efforts.

1st Place - Lora Lee Frazier Howard

New Skills for Court Ordered Parents

The Court Ordered Parenting Class taught at risk parents new parenting skills in four, two hour sessions.

2nd Place - Jody Paver

Supporting Military Families

Partnerships were created and focused on strengthening the family, improving communication, supporting military children, and giving families time to be together to support one another before, during, and after deployment.

3rd Place - Edith Lovett

Stand Up to Falling

Stand Up to Falling encouraged senior adults to decrease their risk of falling by becoming more physically active; making changes to their home environment; and checking their vision.

School Wellness Award

This award recognizes outstanding school-based programs to promote and improve physical, emotional, and/or social wellness of students, staff, or families of students in the school community.

1st Place - Teri Whalen

A Comprehensive School Wellness Nutrition Program

Terry works in a unique county that has only one school. Her comprehensive nutrition program reaches nearly every child in the county from Head Start to 12th grade.

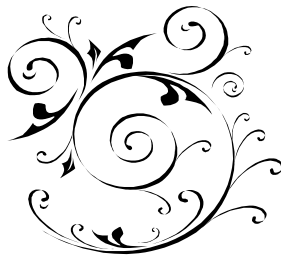
2nd Place - Nancy Kelley

Try It, You'll Like It

Elementary school students and staff tried a variety of new fruits and vegetables each week for a month. The food service director added the students' favorite choice to the school menu.

3rd Place Southern Region Winner

3rd Place National Winner



Communication Awards

The following awards recognize excellence in communications for nine different categories.

Newsletters

1st Place - Dayna Parrett

Dollars & Sense

Dollars and Sense is the FCS newsletter in Nelson County. It was developed 3 years ago and now reaches over 400 homes. Men and women alike continuously compliment it.

2nd Place - Laura White-Brown

Lifestyles and Living Newsletter

Lifestyles and Living, a newsletter provided by mail and electronically to over 600 people monthly, educates families in areas of aging, nutrition, leadership, financial management, parenting and more.

3rd Place - Amanda Hamilton

Building Strong Families in Menifee County

Building Strong Families in Menifee County had become an important staple for the Menifee County Homemakers. They have begun to submit photos and events to be published in the newsletter along with increasing interest in Family and Consumer Science Programs.