

2013  
Kentucky Extension Association  
of Family and Consumer  
Sciences Awards Program



**Refresh, Reboot, Renew:  
Starting the New Century**

Kentucky Extension Association  
Of Family and Consumer Sciences

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**2013 Awards Program**  
**Martha Yount**  
**Vice President for Awards and Recognition**



December 3, 2013  
Embassy Suites  
Lexington, KY

## 2013 KEAFCS Board

President	Rebecca Nash
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VP for Professional Development	Mary Hixson
Secretary	Vicki Wynn
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VP for Awards & Recognition	Martha Yount
VP for Member Resources	Edith M. Lovett
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Marketing & Public Relations	Janet Johnson/ LoraLee Howard
Nominating Committee	Debbie Shepherd
Pride of KY Educational Endowment	Janet Johnson
Past Presidents	Jennifer Bridge
2014 NEAFCS Annual Meeting	Sally Mineer & Kathy Byrnes

# NOTES

**Awards and Recognition Update**  
**Martha Yount,**  
**Vice-President for Awards and Recognition**

\*Mark your calendars now for **January 21, 2014** to submit KEAFCS/NEAFCS awards.

**What is important to emphasize in my award application?**

**Impact!** This is much more important than the number of participants that were involved. How did this program make a difference? Is the information current? Highlight impact accomplishments first. What are the educational aspects of the program? Why is your program important? What did the participants learn? Did they gain new skills? Were there behavior changes? Make sure your award application shows that your program made a difference to the people it reached!

**Evaluation!** Make sure you know how to interpret the evaluations. In the past, judges have noted a lack of interpretation of the evaluation or understanding of the impact on the audience. How did the research impact an Extension program? Did you base your project on existing research? Make sure you can detail how your program applied the related research. Are the results valid? What was the sample population? What are the demographics of the community? Is it rural or urban? Fifty participants in an urban area might not sound impressive, but 50 participants in a rural location might be half of the clientele! Use actual percentages, not statements such as "a few" or "most". List results in frequency value of percentages. Make sure your evaluation and/or impact data are understandable.

## Awards Luncheon

Presiding	Rebecca Nash
Inspirational Thought	Amanda Hamilton
Introduction of Guests	Rebecca Nash

Greetings:

**Ann Vail**, Ph.D., Director, School of Human Environmental Sciences/Assistant Director Family & Consumer Sciences Extension, University of Kentucky

Initiation of New Members	Edith Lovett
Awards Presentations	Martha Yount
Friends of Extension Awards	Linda Combs
Honorary Member	Edith Lovett
Honors Awards	Martha Yount
Program Awards	
Communications Awards	Jill Harris
Public Relations Awards	
Progress Awards	
Pride of Kentucky	Janet Johnson
Prize Drawing ( <i>Everyone who submitted an award entry</i> )	
Retirement Recognition	Jane Proctor
Looking Ahead to 2014	Kathy Byrnes & Sally Mineer
Presentation of Gavel	Rebecca Nash & Mary Hixson
Adjourn	

## Friends Of KEAFCS

Ramie Hutchinson  
Lake Cumberland Area

Ramie Hutchinson is marketing/videographer at Duo County Telecom in Russell Springs, KY. Ramie accepted the request from Russell County Cooperative Extension Service to record, edit and produce the Plate It Up – KY Proud cooking show two years ago even though it meant additional work for him. Ramie has produced ten YouTube videos of PIU-KY proud demonstrations that are posted on the internal PIU website and has produced numerous monthly episodes of the cooking show that airs on Duo County Telecom channel 2 each Sunday at 7 p.m. In addition, he has taken numerous photographs of PIU dishes that appear on the PIU-KY Proud FB page. The joint venture between Ramie Hutchinson, Russell and Adair County FCS Agents, and Russell Co. SNAP Assistant is a prime example of collaborative team work that has proven to be a “win – win” situation for all involved!



## NEAFCS Creed

As an Extension educator, my  
prime concern is people.

I believe it is my responsibility to give  
the best of my ability and develop  
myself to be an effective educator.

I accept the opportunity to empower  
individuals, families, and communities to  
meet their needs and goals through a  
learning partnership.

May I always be willing to accept the  
challenges of the changing times.



1991 Jane Dyche	2002 Jennifer Bridge
Janice Collins	Donna Fryman
Judith Wilson	Martha Yount
1992 Sally Lewis	2003 Rebecca Nash
Tina S. Peter	2004 Jill Harris
Peggy Powell	Pat Margolis
1993 Lora Lee Howard	Mary Hixson
Connie Jones	2005 Pamela Dooley
Carol Stromatt	Kay Hall
1994 Carol Benson	Pamela York
Brenda Cook	2006 Diana Doggett
Maryellen Garrison	2007 Debra Cotterill
1995 Debra Parrish	Christy Ramey
Constance Wheeler	Rita Stewart
Laura Wilson	2008 Rosie Allen
1996 Kaye Holbrook	Sheila Fawbush
Betty Overly	Sally Mineer
Rita Smart	2009 Stephanie Derifield
1997 Elizabeth Buckner	Hazel Jackson
Frances Hammonds	Jane Proctor
Carolyn Royalty	2010 Natasha D. Lucas
1998 Alice Ann Bradley	Judith C. O'Bryan
Kathy Roesel	Martha H. Perkins
Glenna Wooten	2011 Nellie R. Buchanan
1999 Sarah Ball Brandl	Christine L. Duncan
Cheryl Case	Marsha O. Parker
Nancy D. Hunt	2012 Linda R. Combs
2000 Theresa Howard	Kimberly Foster
Nelda Moore	Brooke Jenkins-
Laura Stephenson	Howard
2001 Brenda Cockerham	2013 Sara Bogle Martin
Rita May	Tracy Cowles
Louise Moore	Ruth Chowning

## Friends Of KEAFCS

### Marlene McComas Northern KY Area

This coming year celebrates the 100 years of Extension and what better person to be nominated than someone who grew up in Extension and whose family used Extension services for more than 50 years. This person is Marlene McComas. She credits Extension for her leadership skills as well as her start in a business that she started and still operates today!

Some of the highlights of her Extension experience include:

- 4-H member (clothing, leadership, cooking, beef cattle)
- Formed three Extension Homemaker Clubs
- 4-H project leader
- County Homemaker Club President, County Homemaker President, Area President, and other offices and chairmanships
- Grant County District Board
- 4-H Council President – Grant Co
- CEC President – Grant Co
- Served on KEHA Board in various offices
- Served on State Extension Council
- Served as State International Chair and traveled to South Africa and Finland
- Awarded the Phillip Morris "Salute to Excellence in Volunteers" from state 4-H Council
- Awarded a grant for Leadership Development in N KY
- Attended the Craft Yarn Council at National 4-H Center and was awarded a grant which started the Master Clothing Construction Program
- Helped form the Grant County Farmer's Market
- Served on the Kentucky Agricultural Marketing Board
- Served on the Kentucky Agricultural Development Board
- Started a business based on encouragement from late/retired Grant Co FCS Agent Nancy Eckler – 35 years ago

These are just a few of the many highlights of a career that Marlene has had with UK Cooperative Extension. She serves the Grant County community, but has also given countless hours to the Northern Kentucky Area and to the state in many areas of work. She has been involved in FCS, 4-H and agriculture endeavors. It is only fitting that we honor her for her work that she describes as "a wonderful ride Extension has been". No one is more supportive of Extension, the agents and our programs that Marlene McComas!

## Honorary Member of KEAFCS

Tom McKee  
State Representative

Tom McKee is a name that is synonymous with sound leadership.

For more than thirty years, Tom has held elected office, serving as State Representative of the 78th District since 1997, and Magistrate of Harrison County since 1978.

"I'm proud to represent the 78th House District, and proud of the positive legislation I have worked on that benefits our district and the state," says Tom.

Since 2001, Tom has been member of the Tobacco Settlement Fund Oversight Committee as well as the Tobacco Task Force. He serves as Chair of the House Agriculture & Small Business Committee, co-chair of the Interim Joint Committee on Agriculture, and serves on the Local Government and Tourism Development & Energy Committees. As a member of the Surplus Agricultural Commodities Advisory Committee, he works to secure surplus agricultural food products into food banks for distribution to the needy. He is recognized as a leader in Frankfort, where his experience and expertise in agriculture provide important insight to his fellow legislators.

In his 14 years as a state legislator, Tom has not missed a vote. His 100 percent voting record is a testament to his integrity and his commitment to the people of the 78th District.

A lifelong resident of Cynthiana, Tom and his wife Sue have two children, Katie and Jim, and five grandchildren. Tom and Sue are members of Cynthiana Presbyterian Church where he serves as an elder and deacon.

1971 Emma Maxfield	Rita Spence
Lucy Forbes	1981 Janette B. Chapman
Dauveen Roper	Sharon K. Keach
1972 Nannie B. Huffman	Margaret D. Scott
Reba K. Bullen	1982 Nancy Eckler
Gertrude Paprotta	Betty Ray Faires
1973 Margie Wilson	Jan Miller
Rebecca Gibson	1983 Mary E. Bogardus
Barletta Wrather	Myrna Herron
1974 Frances Pitts	Charlene Jacobs
Martha L. Stamper	1984 Connie Minch
Catherine	Cheryl Witt
Thompson	Karen Davis
1975 Jo Nelda Cole	1985 Carolyn Goodman
Jo Ann Keith Pierce	Donna Clore
Nell L. Veale	Jane Bailey
1976 Velva J. Cockerel	1986 Marian Daviess
Sue C. Stivers	Pat Curtsinger
Marguerite Hart	Mildred Potts
1977 Emma Tucker	1987 Karen Ramage
Shirley Sheperson	Kathy Lilly
Nancy Edwards	Kathy Jump
1978 Nancy Norman	1988 Carol Bailey
Frances Hackworth	Janet Johnson
Edwina O'Hara	Lida Smith
1979 Juanita Amonett	1989 Jean Baugh
Rose Swope	Georgia Burton
Mary Lou Conder	Jennifer Klee
1980 Jean Cloar	1990 Judy Hetterman
Guynd Lyons	Martha Lee

## Past Kentucky Extension FCS Agents NEAFCS Distinguished Service Award Winners

1944 Alda Henning	1960 Susan Lane Cruse
1945 Marian Kelly	Lillian Hixson Rice
1946 Mary Hood	Kitty Bess Dodson
Jenny C. Grubbs	1961 Maxine Griffin
1947 Elizabeth Word	Emogene Hamm
Lila Hombree	1962 Mary S. Saunooke
1948 Zelma Byerly	Louise Hart
1949 Anna K. Evans	1963 Lucille Warren
Ruth L. Saunders	Mary Wollard
1950 Ruth E. Harrelson	Bertha McLeod
Roxie Perkins	1964 Jacqueline Rogers
1951 Priscilla L. Lytle	Ida Jo Burg
Mary Ellen Murray	Anna Thompson
1952 Lois Sharp	1965 Dorothy Camenisch
Louise Craig	Irma Hamilton
1953 Kathryn Sebree	Martha Jenks
Elizabeth Donnell	1966 Isobel Crutchfield
1954 Rachel Rowland	Emogene Hamm
Margaret Sullivan	Novella Winiger
1955 Dora Mae Cockran	1967 Thelma Johnson
Jane Jones	Lorene Blankenship
1956 Sunshine Colley	1968 Clarabel Buchanan
Florence Bennett	Jeanette Yeast
1957 Evelyn Sinclair	Amanda Manly
Alice P. Kilpatrick	1969 Elizabeth Burr
1958 Kathryn Russell	Pat Decoursey
Thelma Streeter	1970 Geraldine Bentley
1959 Ada Carter	Ora Neeley
Rowena Sullivan	Sarah Feltner

## Distinguished Service

*The Distinguished Service Award is the highest award presented by NEAFCS. The award recognizes members for leadership, educational program efforts and professional development.*

### Ruth Chowning

Over the last 10 years, Ruth Chowning has focused her efforts on increasing physical activity and the consumption of fruits and vegetables.

[National Winner](#)

### Sara Bogle Martin

Sara Bogle Martin helped families reduce health and safety risks by conducting a "Stand Up to Falling" program with two groups of senior citizens and by teaching "Mind/Body Connection".

[National Winner](#)

### Tracy Cowles

The lack of access to primary care led Tracy Cowles to develop community health fairs as a way of providing valuable, cost effective screenings, in order to identify health problems.

[National Winner](#)

## Continued Excellence Award

*This award recognizes members who have previously received the Distinguished Service Award and continue to be actively involved in professional improvement programs, promoting professional development in others and leadership.*

### **Rosie Allen**

Innovative would be the word to describe Rosie Allen. She consistently conducts high quality Extension educational programs through effective use of volunteers, strong committee/task force structure and collaborative efforts.

National Winner

### **Linda Combs**

Recognizing the value of professional development and participating in professional development opportunities offered has helped Linda provide quality educational programs to county clients.

National Winner

### **Christine Duncan**

Contributing to the wellbeing of families has been the goal of Christine Duncan as an extension agent. Practicing what she teaches has helped her help others reach their goals.

National Winner

1977-78 Lucy Forbes  
 1978-79 Guynd Lyons  
 1979-81 Karen Davis-Parker\*  
 1981-82 Rita Spence  
 1982-83 Nancy Norman Wills  
 1983-84 Jane Bailey  
 1984-85 Betty Overly  
 1985-86 Nancy Edwards  
 1986-87 Frances Hackworth Bengel  
 1987-88 Carole Rison\*  
 1988-89 Janette Chapman  
 1989-90 Connie Minch  
 1990-91 Judy Hetterman  
 1991-92 Karen Ramage  
 1992-93 Connie Jones-Woolery  
 1993-94 Jennifer Klee  
 1994-95 Kathy Jump  
 1995-96 Janet Johnson  
 1996-97 Rebecca Brooker\*  
 1997-98 Laura Stephenson  
 1998-99 Rita Smart  
 1999-2000 Kaye Holbrook  
 2000-01 Martha Lee  
 2001-02 Kathy Roesel  
 2002-03 Laura Wilson  
 2003-04 Jennifer Bridge  
 2004-05 Diana Doggett  
 2005-06 Peggy Powell  
 2006-07 Lora Lee Frazier Howard  
 2007-08 Nancy Hunt  
 2008-09 Donna Fryman  
 2009-10 Sally Mineer  
 2010-11 Rosie Allen  
 2011-12 Linda R. Combs



## KAEHE/KEAFCS PAST PRESIDENTS

1924 Ida Hagman\*  
 1926 Roxie Perkins\*  
 1927-1928 No record  
 1930 Isadora Williams  
 1931-1936 No record  
 1937 Ada Henning\*  
 1938 Zelma Byerly\*  
 1939 Irene Piedlau  
 1940 Lois Sharp  
 1941 Francis Fleming  
 1942 Ruth Latimer Allen\*  
 1943 Doris Wheeler\*  
 1944 Mariam Kelly  
 1945 Leone Gillet\*  
 1945-47 Elizabeth Word\*  
 1947-49 Bina Foree  
 1949-51 Lilah Hembree  
 1951-53 Margaret Sullivan Berg  
 1954 Ruth Harralson Brown\*  
 1955-57 Mary Jordan Morris  
 1957-59 Mary Ellen Lilly  
 1959-61 Alice Kilpatrick  
 1961-63 Jane Jones  
 1963-65 Louise M. Craig\*  
 1965-67 Susan Lane Cruse\*  
 1967-69 Mary L. Steele Saunooke  
 1969-71 Geraldine Bentley Watson  
 1971-73 Louise C. Hart  
 1973-74 Maxine Griffin  
 1974-75 Jerri Cockrel  
 1976-77 Sue Stivers

*\*Deceased*

## KEAFCS Educator of the Year

*This award is to recognize a professional Extension FCS Educator who is conducting outstanding educational programs that demonstrate an impact on families.*

### **1st Place - Donna Fryman**

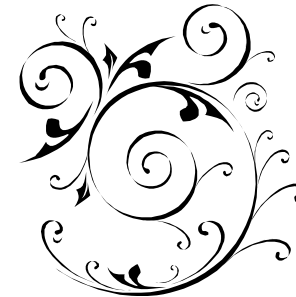
*"Outstanding Extension Education"*

Outstanding programs and excellence in leadership has been achieved by diligence, research, creativity and dedication, as well as supportive partnerships throughout the extension career of Donna Fryman.

### **2nd Place - Brenda Cockerham**

*"Improving Lives in Johnson County, Kentucky"*

The Johnson County, Kentucky FCS program is issue based, under the direction of Brenda Cockerham. Environment, leadership, health and economic development have been the top initiatives addressed in 27 years of service, resulting in 40 awards.



## Greenwood Frysinger Award

*This award is granted to an Extension Educator in Family and Consumer Sciences for graduate studies.*

*This award is sponsored by NEAFCS to give members an opportunity to pursue professional improvement through graduate study in the area of their own choosing.*

### **Laura White**

"A New Agent Journey"

During the beginning of her career as an FCS Extension Agent, Laura White has benefitted greatly from the mentoring process. Laura, along with her mentor Donna Fryman, have been a great example of the benefits and impact that a mentor and mentee can have on each other, as well as the FCS Program as a whole. It is through mentorship that the FCS program area can truly shine.

Southern Region Winner



## 2013 Retirees

*Congratulations to the following KEAFCS members who retired during 2013. Thank you for your many years of dedicated service, and best wishes for your next endeavors.*

**Marsha Parker**  
**29 Years**

**Cheryl Case**  
**26 Years**

**Annie Mae Kingston**  
**17 Years**



## Pride Of Kentucky Award

*The Pride of Kentucky Award is a state award to recognize excellence in educational programming related to consumer marketing or promotion of Kentucky agricultural commodities and enterprises.*

### 1st Place - Rosie Allen

Rosie developed an overall lesson for Plate It Up: Kentucky Proud Fruits and Vegetables utilizing PIU recipes and NEP fruits & vegetables lesson materials to promote good nutrition practices and purchasing locally grown foods.

## Pride Of Kentucky Grant

*Pride of Kentucky Grants help provide agents with seed money for programming related to consumer marketing or promotion of Kentucky agricultural commodities and enterprises.*

### Jennifer Bridge

Kentucky Honey: What's All the Buzz?, is a proposed program focusing on honey which can be used for special interest or extension homemaker lessons. Topics covered include the impact of bees to the environment and human health as well as nutrition information and recipes.

## Florence Hall Award

*The Florence Hall Award is presented for an outstanding program conducted by one or more NEAFCS members who have been alert in recognizing new concerns and interests of families and have involved people in planning and implementing programs that benefit families.*

### 1st Place - S. Brooke Jenkins-Howard & Team

*Sally Mineer, Amy Hosier, Brian Fitzpatrick*  
"Creating and Maintaining Family Traditions"

"Creating and Maintaining Family Traditions" focuses on a variety of family tradition topics with the overall purpose of reinforcing the family asset domain of rituals and traditions. The program emphasizes teaching participant's habits which lead to traditions and routines, preserving and respecting current family traditions, and providing practical ways to establish new traditions. This program was delivered using internet educational technology.

### 2nd Place - Vicki Wynn

"Families Become Supermarket Savvy"

Technology has revolutionized the way families save money while grocery shopping. Becoming supermarket savvy includes meal planning, monitoring prices, and taking advantage of various sales techniques, coupons, and loyalty cards.

## New Professional Award

*This award recognizes outstanding accomplishments of NEAFCS members within first three years of employment.*

### **Hannah Leonard**

Hannah has been the Boyd County Extension Agent for Family & Consumer Sciences since October 2012. Hannah has added new programs and ideas to strengthen the families in her county.

## Dean Don Felker Financial Management Award

*This award is given to FCS Educators who have developed an outstanding program on some aspect of family financial management.*

### **1st Place - Laura White & Team**

*Jennifer Hunter*

“Small Steps to Health and Wealth”

An online challenge implemented for employees at Morehead State University. The program targeted components of wealth through online tracking systems. The program focused on savings, budgeting and financial management.

## Kentucky Paraprofessional Award

*This award recognizes outstanding service to special audiences through the use of para-professionals working with or supervised by Extension Agents for Family and Consumer Sciences.*

### **1st Place - Barbara Campbell**

Fleming County

Upbeat, outgoing, full of energy, genuine, determined and dedicated are all qualities you will find in the Fleming County SNAP-Ed program assistant. Barbara Campbell has been serving families for seven years encouraging them to be their best with proper nutrition and health practices.

### **2nd Place - Margie Hernandez**

Russell County

Margie is making a difference in Russell County one family and one situation at a time. Her outreach with Hispanic clients is well-known all across the state, as well as her incredible “people skills”. Margie does an outstanding job recruiting clients and working with community agencies.

### **3rd Place - Darlene Brown**

Gallatin County

The success story that Darlene wrote reflects her dedication to not only the people of Gallatin County, but now to people in other states. The nutrition series that she presented at a local factory has been adapted by Wellness programs at other sites in the company.

## ***Our Kentucky Affiliate Awards***

### **Progress Awards**

*The Progress Award recognizes members of KEAFCS who have successfully completed a project or activity of unusual scope. Two awards are given; one to a member with ten or more years of service and one to a member with under ten years of service.*

#### **Under 10 Years Laura White**

A life skills program targeting low-income and limited resource male residents at a drug and alcohol rehabilitation center. The program was taught for five consecutive days, with a two hour program each day. The program focused on money management, food budgeting, nutritional information and leadership skills.

#### **Over 10 Years Leslie Workman**

A graduate of Marshall University, Leslie Workman has been with Kentucky Extension since 1996. She loves working with new people and sharing Extension's story with stakeholders from across the state. An avid quilter, Leslie's real passion is inspiring others to be creative.

## **Mary W. Wells Memorial Diversity Award**

*This award recognizes outstanding efforts and accomplishments of individuals and/or teams in diversity and pluralism for any Extension FCS program or activity, including staff development, advisory councils, programs, etc.*

### **1st Place - Amanda Hamilton & Team** *First Club-Menifee County Homemakers* *"Menifee County Homemakers & Frenchburg Group Home"*

This nomination shows cooperation between FCS Agent, Amanda Hamilton, Homemakers First Club, and Frenchburg Group Home. The efforts of all these organizations help to encourage learning, fellowship, and cultural diversity.

### **2nd Place - Jill Harris & Team** *Lee Ann McCuiston, Amanda Francis* *"Food and Fitness Day Camp"*

Extension Agents partnered with the migrant program to offer a "Food and Fitness Day Camp", which focused on improving literacy skills, encouraging healthy eating and exercise, and practicing good dental hygiene.

### **3rd Place - Denise Wooley** *"Kids in the Kitchen"*

"Kids in the Kitchen", an after-school cooking class, has been a great outreach to the minority population of African American children by reaching nearly 120 kids.

**Southern Region Certificate Winner**

## Early Childhood Child Care Training Award

*This award recognizes outstanding childcare professional training that addresses the needs of young children, birth to eight years of age.*

### **1st Place - Theresa Howard**

"Early Childhood Council Promotes School Readiness"

LaRue County Early Childhood Council focuses on pre-kindergarten children and caregivers to improve learning environments, supporting families, and use of assessment tools to insure children enter school ready to learn.



## Social Networking Award

*This award recognizes innovative online social networking efforts.*

### **1st Place - Laura White**

"Social Media Outreach"

Twitter and Facebook are used to provide weekly information about nutrition, finances and upcoming programs in the FCS field. Social networks are used as an invigorating way to invite a new audience to Extension.

[2nd Place Southern Region Winner](#)

### **2nd Place - Melinda McCulley & Team**

*Janet Johnson, Jennifer Bridge, Liz Kingsland, Kathy Roesel-Byrnes, Lynn Blankenship, Pam York, Kelli Bonifer, Natalie Taul, Amber Meeks, Lara Savage, Cecelia Hostilo, Rita May, Sarah Brandl, Tammy Stephenson*

"Using Social Media to Enhance Client Experiences with Plate It Up Kentucky Proud Project"

[2nd Place National Winner](#)

[1st Place Southern Region Winner](#)

## School Wellness Award

*This award recognizes outstanding school-based programs to promote and improve physical, emotional, and/or social wellness of students, staff, or families of students in the school community.*

### **1st Place - Donna Fryman & Team**

*Gwen O'Cull, Barbara Campbell  
"Healthy Divas"*

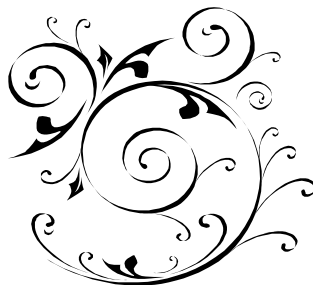
Positive self-esteem and health habits are key for female adolescents being successful in school and in later life. The Healthy Divas program achieves this goal in many ways.

[3rd Place Southern Region Winner](#)

### **2nd Place - Sara Bogle Martin**

*"Farm to School"*

Sara Bogle was part of a collaboration for a Farm to School project in order to strengthen and connect family farms with the school and improve student health.



## Food Safety Award

*This award is presented for an outstanding educational program conducted by one or more NEAFCS members who have been innovative in developing, delivering, and/or determining the impact of a food safety program that makes a difference.*

### **1st Place - Patricia Poor**

*"Summer of Salsa"*

"Summer of Salsa" incorporates gardening with safe cooking practices. The program also promotes healthier food choices and food preservation. Various recipes were prepared, with the final class canning salsa.

[Southern Region Winner](#)

### **2nd Place - Ann Hollon**

*"Food Preservation 101"*

Three food preservation lessons were taught to local homemakers and high school Family Consumer Science students. The class included demonstrations and hands on activities for water bath canning, pressure canning and dehydration.

## Communication Awards

*The following awards recognize excellence in communications for nine different categories.*

### Newsletters

#### 1st Place - Kathy Byrnes

"Pick of the Patch"

"Pick of the Patch" was designed as a monthly newsletter to encourage increased consumption of fruits and vegetables. Each edition featured 3 seasonal fruits and vegetables and promoted local farmers markets.

2nd Place National Winner  
2nd Place Southern Region Winner

#### 2nd Place - Leslie Workman & Team

*Tammy Damron*

"Pike County Family Consumer Sciences Newsletter"

The Pike County Family Consumer Sciences Newsletter reaches over 500 homes with information about Extension programs, senior health, nutrition, money management, energy conservation and other useful topics.

#### 3rd Place - Gina Noe

"Madison County Extension Homemaker Newsletter"

Over 600 receive this newsletter which provides timely, research based information and updates Extension Homemakers, FCS Council Members, decision makers and others about FCS Extension and partner programs.

## Human Development/Family Relationships Award

*This award recognizes innovative human development/family relationship educational efforts.*

#### 1st Place - Denise Wooley

"Matters Of Life"

The Matters of Life Forum was created to give the adult population a time and place to ask questions and get answers concerning elderly care and estate planning.

#### 2nd Place - S. Brooke Jenkins-Howard & Team

*Sally Mineer, Amy Hosier, Brian Fitzpatrick*  
"Creating & Maintaining Family Traditions"

"Creating and Maintaining Family Traditions" focuses on a variety of family tradition topics with the purpose of reinforcing the family asset domain of rituals and traditions. The program emphasizes teaching participant's habits which lead to traditions and routines, preserving and respecting current family traditions, and providing practical ways to establish new traditions.

2nd Place National Winner  
2nd Place Southern Region Winner

#### 3rd Place - Vicki Wynn

"Preserving Memories with the H.A.N.D.S. Program"

Making milestones is important for parents of young children. Working with Health Access Nurtures Development Services (H.A.N.D.S.) parents compile a memory book with details of their child's development.



## Environmental Education Award

*This award recognizes NEAFCS members for outstanding educational programs conducted for families and/or communities on various environmental issues and concerns.*

### **1st Place - Jennifer Bridge & Team**

*Mark Gossett, Charlotte Lawson, Barbara Harned, Cathy Smith, Karen Hofmann, Joyce Durbin, Marla Tennyson, Mary Lamkin*  
"Meade County Recycles!"

"What is Recycling" is a hands on program developed to teach youth and adults the importance of recycling. Over 2,000 students and 300 adults learned about the impact garbage has on the environment and how they can reduce their contribution through recycling.



## Written Press Releases

### **1st Place - Gina Noe**

"What An Inspiration!"

This article illustrates that older Americans can lead a healthy, interesting and productive life well into their later years. The future is bright. Seniors have much to teach and share.

### **2nd Place - Amanda Hardy**

"Shades of Red"

"Shades of Red" is an event held in February to address the importance of women's awareness of heart disease. Cardiovascular disease is the leading cause of death in Kentucky.

[1st Place Southern Region Winner](#)

## Radio/Podcast

### **1st Place - Terry L. Whalen**

"Fire Safety -  
Take Action Now to Protect Your Home & Family"

Kentucky agent, Terry L. Whalen, recognizes the impact of her radio programs in her sparsely populated county that has no regular newspaper and limited Internet accessibility.

[2nd Place National Winner](#)

[1st Place Southern Region Winner](#)

## Television

### 1st Place - Pamela York & Team

*Kelli Bonifer, Margie Hernandez*  
"Plate It Up, Kentucky Proud"

Plate It Up - Kentucky Proud is a cooking show featuring in-season, locally grown commodities aired on Duo County Telecom Channel 2 with a viewing audience of 5,500.

### 2nd Place - Teran Ransom & Team

*Theresa Howard, Elizabeth Creed, Jennifer Bridge,*  
*Katie Alexander, Kay Kennedy*  
"Lincoln Trail Area FCS Agents - Fish Cookery"

Buying, storing, and cooking fish isn't difficult, it just requires a little knowledge. This program will go over tips and suggestions on how to start incorporating more fish into your diet.

### 3rd Place - Leslie Workman & Team

*Joyce Pinson, Al Greenfield*  
"Friends Drift Inn - Canning Season"

Friends Drift Inn is a television show blog featuring local Eastern Kentucky agriculture. Pike County agent Leslie Workman appears to demonstrate proper canning techniques and Kentucky green beans.

## Clean and Healthy Families and Communities Award

*This award is to recognize NEAFCS members for their innovative educational programs that help families and individuals understand the link between cleanliness and health.*

### 1st Place - Donna Fryman & Team

*Debra Cotterill, Sally Mineer, Shannon Smith*  
"How Do You Measure Up?"

Correct measuring saves money, time, equipment and the environment when dealing with laundry detergent and cleaning supplies. So how do you measure up?

National Winner  
Southern Region Winner

## Family Health and Wellness Award

*This award recognizes innovative programs that promote and improve the health and wellness of families.*

### 1st Place-Kenna Knight

"Positive Youth Development-The Asset Building Approach"

For youth to thrive and make less risk-taking behavior choices, the Pendleton County Extension Service engaged the whole community in empowering and promoting positive attitudes and actions among our youth.

## Community Partnership Award

*This award recognizes NEAFCS members for outstanding community partnership efforts in meeting the needs of families through collaboration with groups, agencies, and consumers.*

### 1st Place - Vicki Wynn

*"Coordinated Efforts Increase Arts Opportunities for Children"*

Cooperative Extension + the Marshall Arts Commission = a winning combination for increasing arts opportunities for local children. Establishing quality after-school programs benefits many families and enhances learning for all.

### 2nd Place - Brenda Cockerham

*"Increasing Agriculture through Agritourism"*

Johnson County, Kentucky is experiencing a decline in Agriculture. The Extension Office increased local agricultural knowledge and product use of 1,918 people through the hosting of 10 agritourism events.

### 3rd Place - Patricia Margolis & Team

*Amber Huffman, Paula Clark, Lisa Pritchard  
"Truth and Consequences"*

Hart County, Kentucky High School 9<sup>th</sup> graders recently participated in a program called Truth and Consequences. The goal of the program is to help youth simulate real life experiences related to substance abuse and experience from local authorities and experts the real life consequences of this choice.

## Educational Technology

### 1st Place - Sally Mineer & Team

*Brooke Jenkins-Howard, Jennifer Hunter  
"Travel Safety-Know Before You Go"*

Travel – Being prepared and organized for a trip can make your travel experience pleasant for you and your family. Planning ahead can help when the unexpected happens.

[3rd Place National Winner](#)  
[2nd Place Southern Region Winner](#)

## Educational Curriculum Package

### 1st Place - Sally Mineer & Team

*Brooke Jenkins Howard, Jennifer Hunter  
"Travel Safety-Know Before You Go"*

Travel – Being prepared and organized for a trip can make your travel experience pleasant for you and your family. Planning ahead can help when the unexpected happens.

[2nd Place Southern Region Winner](#)

## Educational Publications

### **1st Place - Sally Mineer & Team**

*Brooke Jenkins Howard, Jennifer Hunter*  
 "Travel Safety-Know Before You Go"

Travel – Being prepared and organized for a trip can make your travel experience pleasant for you and your family. Planning ahead can help when the unexpected happens.

## Internet Education Technology

### **1st Place - S. Brooke Jenkins-Howard & Team**

*Sally Mineer, Amy Hosier, Brian Fitzpatrick*  
 "Creating & Maintaining Family Traditions"

"Creating and Maintaining Family Traditions" focuses on a variety of family tradition topics with the overall purpose of reinforcing the family asset domain of rituals and traditions. The program emphasizes teaching participant's habits which lead to traditions and routines, preserving and respecting current family traditions, and providing practical ways to establish new traditions. This program was delivered using internet educational technology.

[1st Place Southern Region Winner](#)

## Marketing Package Award

*This award recognizes NEAFCS members for outstanding marketing efforts that address the concerns and needs of children, families, or communities.*

### **1st Place - Tracy Cowles & Team**

*Pat Margolis, Lynn Blankenship, Janet Johnson, Amber Huffman, Paula Terry, Janet Turley, Kevin Lyons, Greg Drake, Steve Osborne, Chris Milam*  
 "Family Financial Security"

The agents of this ten county area worked to develop a legislative partnership to educate legislators on the value the Extension Service has in workforce development.

